



Fundusze Europejskie  
dla Rozwoju Społecznego



Rzeczpospolita  
Polska

Dofinansowane przez  
Unię Europejską



## Annex No. 1 to the regulations: Instructions for calculating flat-rate funding costs

### 1. Number of days

The number of days of the foreign internship is predetermined and is 21 days for NCU students, and 28 days for NCU doctoral students and foreign doctoral students (including travel). In the case of students traveling to conferences abroad - a maximum of two days for travel (one day for departure and return) may be added to the actual number of conference days (if the participant left their place of residence the day before the conference began and returned the day after it ended).

In the case of participation in conferences and schools organized at the Nicolaus Copernicus University, the number of days (including two additional days for departure and return, if necessary) is as follows:

- 14 days **I-HOW JWST Hands-On Workshop for Central and Eastern Europe 2025**,
- 7 days per **Molecular Excited States (MolEx) Workshop**,
- 7 days per **Plant-microbial interactions in saline areas**,
- 6 days per **M3-S „Applied polymers, nanomaterials, membranes, and composites”**.

Additionally, participation in a school preparing for the Academic World Team Programming Championships (ICPC) lasts 11 days (including two additional days for travel).

### 2. Stipend amount

The amount of the stipend depends on your status - it is PLN 75 per day for undergraduate and graduate students, PLN 125 per day for PhD students, and PLN 250 per day for foreign scientists.

### 3. Maintenance costs

Living costs depend on the country in which the mobility takes place. We calculate the daily rate according to the table:

	Group of countries	Regions	Daily rate (PLN)
I	Countries with lower costs of living and accommodation	Bosnia and Herzegovina, Brazil, Bulgaria, Egypt, Georgia, India, Lithuania, Latvia, Morocco, Moldova, <b>Poland</b> , Romania, Türkiye, Ukraine, Vietnam, and other countries not listed in the table	300
II	Countries with average costs of living and accommodation	Andorra, Austria, Azerbaijan, Belgium, Croatia, Czech Republic, Cyprus, France, Greece, Indonesia, Jordan, Kazakhstan,	400

		Kyrgyzstan, North Macedonia, Germany, Malta, Netherlands, Portugal, Spain, Monaco, Vatican City State, San Marino, Serbia, Slovakia, Slovenia, Thailand, Hungary, Italy, Uzbekistan	
III	Countries with higher costs of living and accommodation	Saudi Arabia, Australia, Bahrain, Brunei, China, Denmark, Estonia, Finland, Iceland, Ireland, Hong Kong, Japan, Canada, Qatar, Korea, Kuwait, Liechtenstein, Luxembourg, Macau, Mexico, Norway, New Zealand, Oman, Singapore, Sweden, Switzerland, Taiwan, Faroe Islands, United Kingdom, United Arab Emirates	500
IV	Countries with the highest costs of living and accommodation	United States of America, Israel	700

#### 4. Travel costs

Travel expenses depend on the origin (for international students and doctoral candidates coming to UMK) or destination (for UMK students and doctoral candidates) of the mobility. The amount to be added to the final result can be found in the table below.:

Group of countries	Country	Rate in PLN
1	Belarus, Lithuania	1000
2	Austria, Bosnia and Herzegovina, Croatia, Czech Republic, Denmark, Estonia, Finland, Latvia, Moldova, Germany, Romania, Serbia, Slovakia, Slovenia, Sweden, Ukraine, Hungary	1500
3	Albania, Andorra, Belgium, Bulgaria, Montenegro, France, Greece, Netherlands, Ireland, Kosovo, Liechtenstein, Luxembourg, Macedonia, Malta, Monaco, Norway, Russia, San Marino, Switzerland, Tunisia, Turkey, Vatican City, United Kingdom, Italy	2000
4	Algeria, Saudi Arabia, Armenia, Azerbaijan, Bahrain, Cyprus, Egypt, Georgia, Spain, Iraq, Iran, Iceland, Israel, Jordan, Qatar, Kazakhstan, Kuwait, Lebanon, Libya, Morocco, Palestine, Portugal, Syria, Tajikistan, Turkmenistan, Uzbekistan	3000

5	Afghanistan, Benin, Bhutan, Burkina Faso, Burundi, Chad, Democratic Republic of the Congo, Djibouti, Eritrea, Ethiopia, Gabon, Gambia, Ghana, Guinea, Guinea-Bissau, Equatorial Guinea, India, Yemen, Cameroon, Kenya, Kyrgyzstan, Congo, Liberia, Mali, Mauritania, Mongolia, Nepal, Niger, Nigeria, Oman, Pakistan, Republic of Central Africa, Cape Verde, Rwanda, Senegal, Sierra Leone, Somalia, Sudan, South Sudan, Togo, Uganda, Cote d'Ivoire, Sao Tome and Principe, United Arab Emirates	4500
6	Angola, Antigua and Barbuda, Argentina, Australia, Bahamas, Bangladesh, Barbados, Belize Bolivia, Botswana, Brazil, Brunei, Chile, China, Dominica, Dominican Republic, Ecuador, Eswatini, Fiji, Philippines, Grenada, Guyana, Guatemala, Haiti, Honduras, Indonesia, Jamaica, Japan, Cambodia, Canada, Kiribati, Colombia, Comoros, South Korea, North Korea, Costa Rica, Cuba, Laos, Lesotho, Madagascar, Malawi, Maldives, Malaysia, Mauritius, Mexico, Micronesia, Mjanma, Mozambik, Namibia, Nauru, Nikaragua, Nowa Zelandia, Palau, Panama, Papua-Nowa Gwinea, Paragwaj, Peru, Południowa Afryka, Saint Kitts Nevis, Saint Lucia, Saint Vincent i Grenadyny, Salvador, Samoa, Seszele, Singapur, Sri Lanka, Stany Zjednoczone, Surinam, Tajwan, Tanzania	6500

## 5. Calculation of total funding:

**Total funding = Number of days \* ( Stipend amount + Maintenance costs ) + Travel costs**

- When applying for funding to attend an international conference, UMK students can include the conference fee (in a separate section) which will be reimbursed based on actual costs.
- In the case of conferences and workshops at the Nicolaus Copernicus University, the costs of conference fees are not financed and participants cover them themselves.